

Sinclairtabelle Männer

Gültigkeitszeitraum: 01.01.2017 - 31.12.2020

	0,0	0,1	0,2	0,3	0,4	0,5	0,6	0,7	0,8	0,9
32	2,5752	2,5663	2,5575	2,5487	2,5400	2,5314	2,5229	2,5144	2,5060	2,4977
33	2,4894	2,4812	2,4731	2,4650	2,4570	2,4491	2,4412	2,4334	2,4256	2,4179
34	2,4103	2,4027	2,3952	2,3878	2,3804	2,3730	2,3658	2,3585	2,3514	2,3442
35	2,3372	2,3302	2,3232	2,3163	2,3095	2,3027	2,2959	2,2892	2,2826	2,2760
36	2,2695	2,2630	2,2565	2,2501	2,2438	2,2374	2,2312	2,2250	2,2188	2,2127
37	2,2066	2,2005	2,1945	2,1886	2,1827	2,1768	2,1710	2,1652	2,1594	2,1537
38	2,1480	2,1424	2,1368	2,1313	2,1258	2,1203	2,1148	2,1094	2,1041	2,0987
39	2,0935	2,0882	2,0830	2,0778	2,0726	2,0675	2,0625	2,0574	2,0524	2,0474
40	2,0425	2,0375	2,0327	2,0278	2,0230	2,0182	2,0134	2,0087	2,0040	1,9994
41	1,9947	1,9901	1,9855	1,9810	1,9765	1,9720	1,9675	1,9631	1,9587	1,9543
42	1,9500	1,9456	1,9413	1,9371	1,9328	1,9286	1,9244	1,9203	1,9161	1,9120
43	1,9079	1,9039	1,8998	1,8958	1,8918	1,8878	1,8839	1,8800	1,8761	1,8722
44	1,8684	1,8645	1,8607	1,8570	1,8532	1,8495	1,8458	1,8421	1,8384	1,8347
45	1,8311	1,8275	1,8239	1,8204	1,8168	1,8133	1,8098	1,8063	1,8028	1,7994
46	1,7960	1,7926	1,7892	1,7858	1,7825	1,7791	1,7758	1,7725	1,7693	1,7660
47	1,7628	1,7596	1,7564	1,7532	1,7500	1,7469	1,7437	1,7406	1,7375	1,7344
48	1,7314	1,7283	1,7253	1,7223	1,7193	1,7163	1,7133	1,7104	1,7075	1,7045
49	1,7016	1,6988	1,6959	1,6930	1,6902	1,6874	1,6846	1,6818	1,6790	1,6762
50	1,6735	1,6707	1,6680	1,6653	1,6626	1,6599	1,6572	1,6546	1,6519	1,6493
51	1,6467	1,6441	1,6415	1,6390	1,6364	1,6338	1,6313	1,6288	1,6263	1,6238
52	1,6213	1,6188	1,6164	1,6139	1,6115	1,6091	1,6067	1,6043	1,6019	1,5995
53	1,5971	1,5948	1,5924	1,5901	1,5878	1,5855	1,5832	1,5809	1,5787	1,5764
54	1,5741	1,5719	1,5697	1,5675	1,5652	1,5631	1,5609	1,5587	1,5565	1,5544
55	1,5522	1,5501	1,5480	1,5459	1,5438	1,5417	1,5396	1,5375	1,5354	1,5334
56	1,5313	1,5293	1,5273	1,5253	1,5233	1,5213	1,5193	1,5173	1,5153	1,5134
57	1,5114	1,5095	1,5075	1,5056	1,5037	1,5018	1,4999	1,4980	1,4961	1,4942
58	1,4924	1,4905	1,4887	1,4868	1,4850	1,4832	1,4814	1,4795	1,4777	1,4760
59	1,4742	1,4724	1,4706	1,4689	1,4671	1,4654	1,4636	1,4619	1,4602	1,4585
60	1,4568	1,4551	1,4534	1,4517	1,4500	1,4484	1,4467	1,4450	1,4434	1,4418
61	1,4401	1,4385	1,4369	1,4353	1,4337	1,4321	1,4305	1,4289	1,4273	1,4257
62	1,4242	1,4226	1,4211	1,4195	1,4180	1,4164	1,4149	1,4134	1,4119	1,4104
63	1,4089	1,4074	1,4059	1,4044	1,4029	1,4015	1,4000	1,3986	1,3971	1,3957
64	1,3942	1,3928	1,3914	1,3899	1,3885	1,3871	1,3857	1,3843	1,3829	1,3815
65	1,3802	1,3788	1,3774	1,3761	1,3747	1,3733	1,3720	1,3707	1,3693	1,3680
66	1,3667	1,3653	1,3640	1,3627	1,3614	1,3601	1,3588	1,3575	1,3563	1,3550
67	1,3537	1,3524	1,3512	1,3499	1,3487	1,3474	1,3462	1,3449	1,3437	1,3425
68	1,3412	1,3400	1,3388	1,3376	1,3364	1,3352	1,3340	1,3328	1,3316	1,3304
69	1,3293	1,3281	1,3269	1,3258	1,3246	1,3234	1,3223	1,3212	1,3200	1,3189
70	1,3177	1,3166	1,3155	1,3144	1,3133	1,3121	1,3110	1,3099	1,3088	1,3077
71	1,3067	1,3056	1,3045	1,3034	1,3023	1,3013	1,3002	1,2991	1,2981	1,2970
72	1,2960	1,2949	1,2939	1,2929	1,2918	1,2908	1,2898	1,2887	1,2877	1,2867
73	1,2857	1,2847	1,2837	1,2827	1,2817	1,2807	1,2797	1,2787	1,2777	1,2768
74	1,2758	1,2748	1,2739	1,2729	1,2719	1,2710	1,2700	1,2691	1,2681	1,2672
75	1,2662	1,2653	1,2644	1,2634	1,2625	1,2616	1,2607	1,2598	1,2588	1,2579
76	1,2570	1,2561	1,2552	1,2543	1,2534	1,2526	1,2517	1,2508	1,2499	1,2490
77	1,2482	1,2473	1,2464	1,2456	1,2447	1,2438	1,2430	1,2421	1,2413	1,2404
78	1,2396	1,2387	1,2379	1,2371	1,2362	1,2354	1,2346	1,2338	1,2329	1,2321
79	1,2313	1,2305	1,2297	1,2289	1,2281	1,2273	1,2265	1,2257	1,2249	1,2241
80	1,2233	1,2225	1,2218	1,2210	1,2202	1,2194	1,2187	1,2179	1,2171	1,2164
81	1,2156	1,2149	1,2141	1,2134	1,2126	1,2119	1,2111	1,2104	1,2096	1,2089
82	1,2082	1,2074	1,2067	1,2060	1,2053	1,2045	1,2038	1,2031	1,2024	1,2017
83	1,2010	1,2003	1,1996	1,1989	1,1982	1,1975	1,1968	1,1961	1,1954	1,1947
84	1,1940	1,1933	1,1926	1,1920	1,1913	1,1906	1,1899	1,1893	1,1886	1,1879
85	1,1873	1,1866	1,1860	1,1853	1,1847	1,1840	1,1834	1,1827	1,1821	1,1814
86	1,1808	1,1801	1,1795	1,1789	1,1782	1,1776	1,1770	1,1764	1,1757	1,1751
87	1,1745	1,1739	1,1733	1,1726	1,1720	1,1714	1,1708	1,1702	1,1696	1,1690
88	1,1684	1,1678	1,1672	1,1666	1,1660	1,1654	1,1648	1,1643	1,1637	1,1631
89	1,1625	1,1619	1,1614	1,1608	1,1602	1,1596	1,1591	1,1585	1,1579	1,1574

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	0,0	0,1	0,2	0,3	0,4	0,5	0,6	0,7	0,8	0,9
90	1,1568	1,1563	1,1557	1,1551	1,1546	1,1540	1,1535	1,1529	1,1524	1,1518
91	1,1513	1,1508	1,1502	1,1497	1,1491	1,1486	1,1481	1,1475	1,1470	1,1465
92	1,1460	1,1454	1,1449	1,1444	1,1439	1,1433	1,1428	1,1423	1,1418	1,1413
93	1,1408	1,1403	1,1398	1,1393	1,1388	1,1383	1,1378	1,1373	1,1368	1,1363
94	1,1358	1,1353	1,1348	1,1343	1,1338	1,1333	1,1328	1,1324	1,1319	1,1314
95	1,1309	1,1304	1,1300	1,1295	1,1290	1,1286	1,1281	1,1276	1,1272	1,1267
96	1,1262	1,1258	1,1253	1,1248	1,1244	1,1239	1,1235	1,1230	1,1226	1,1221
97	1,1217	1,1212	1,1208	1,1203	1,1199	1,1195	1,1190	1,1186	1,1181	1,1177
98	1,1173	1,1168	1,1164	1,1160	1,1155	1,1151	1,1147	1,1143	1,1138	1,1134
99	1,1130	1,1126	1,1122	1,1117	1,1113	1,1109	1,1105	1,1101	1,1097	1,1093
100	1,1089	1,1085	1,1080	1,1076	1,1072	1,1068	1,1064	1,1060	1,1056	1,1052
101	1,1048	1,1045	1,1041	1,1037	1,1033	1,1029	1,1025	1,1021	1,1017	1,1013
102	1,1010	1,1006	1,1002	1,0998	1,0994	1,0991	1,0987	1,0983	1,0979	1,0976
103	1,0972	1,0968	1,0965	1,0961	1,0957	1,0954	1,0950	1,0946	1,0943	1,0939
104	1,0935	1,0932	1,0928	1,0925	1,0921	1,0918	1,0914	1,0911	1,0907	1,0904
105	1,0900	1,0897	1,0893	1,0890	1,0886	1,0883	1,0879	1,0876	1,0873	1,0869
106	1,0866	1,0862	1,0859	1,0856	1,0852	1,0849	1,0846	1,0842	1,0839	1,0836
107	1,0833	1,0829	1,0826	1,0823	1,0820	1,0816	1,0813	1,0810	1,0807	1,0804
108	1,0800	1,0797	1,0794	1,0791	1,0788	1,0785	1,0781	1,0778	1,0775	1,0772
109	1,0769	1,0766	1,0763	1,0760	1,0757	1,0754	1,0751	1,0748	1,0745	1,0742
110	1,0739	1,0736	1,0733	1,0730	1,0727	1,0724	1,0721	1,0718	1,0715	1,0712
111	1,0710	1,0707	1,0704	1,0701	1,0698	1,0695	1,0692	1,0690	1,0687	1,0684
112	1,0681	1,0678	1,0676	1,0673	1,0670	1,0667	1,0664	1,0662	1,0659	1,0656
113	1,0654	1,0651	1,0648	1,0645	1,0643	1,0640	1,0637	1,0635	1,0632	1,0629
114	1,0627	1,0624	1,0622	1,0619	1,0616	1,0614	1,0611	1,0609	1,0606	1,0604
115	1,0601	1,0598	1,0596	1,0593	1,0591	1,0588	1,0586	1,0583	1,0581	1,0578
116	1,0576	1,0573	1,0571	1,0569	1,0566	1,0564	1,0561	1,0559	1,0556	1,0554
117	1,0552	1,0549	1,0547	1,0545	1,0542	1,0540	1,0537	1,0535	1,0533	1,0530
118	1,0528	1,0526	1,0524	1,0521	1,0519	1,0517	1,0514	1,0512	1,0510	1,0508
119	1,0505	1,0503	1,0501	1,0499	1,0497	1,0494	1,0492	1,0490	1,0488	1,0486
120	1,0483	1,0481	1,0479	1,0477	1,0475	1,0473	1,0470	1,0468	1,0466	1,0464
121	1,0462	1,0460	1,0458	1,0456	1,0454	1,0452	1,0450	1,0447	1,0445	1,0443
122	1,0441	1,0439	1,0437	1,0435	1,0433	1,0431	1,0429	1,0427	1,0425	1,0423
123	1,0421	1,0419	1,0417	1,0415	1,0414	1,0412	1,0410	1,0408	1,0406	1,0404
124	1,0402	1,0400	1,0398	1,0396	1,0394	1,0393	1,0391	1,0389	1,0387	1,0385
125	1,0383	1,0381	1,0380	1,0378	1,0376	1,0374	1,0372	1,0371	1,0369	1,0367
126	1,0365	1,0363	1,0362	1,0360	1,0358	1,0356	1,0355	1,0353	1,0351	1,0349
127	1,0348	1,0346	1,0344	1,0343	1,0341	1,0339	1,0337	1,0336	1,0334	1,0332
128	1,0331	1,0329	1,0327	1,0326	1,0324	1,0322	1,0321	1,0319	1,0318	1,0316
129	1,0314	1,0313	1,0311	1,0310	1,0308	1,0306	1,0305	1,0303	1,0302	1,0300
130	1,0299	1,0297	1,0295	1,0294	1,0292	1,0291	1,0289	1,0288	1,0286	1,0285
131	1,0283	1,0282	1,0280	1,0279	1,0277	1,0276	1,0274	1,0273	1,0271	1,0270
132	1,0269	1,0267	1,0266	1,0264	1,0263	1,0261	1,0260	1,0259	1,0257	1,0256
133	1,0254	1,0253	1,0252	1,0250	1,0249	1,0247	1,0246	1,0245	1,0243	1,0242
134	1,0241	1,0239	1,0238	1,0237	1,0235	1,0234	1,0233	1,0231	1,0230	1,0229
135	1,0227	1,0226	1,0225	1,0224	1,0222	1,0221	1,0220	1,0218	1,0217	1,0216
136	1,0215	1,0213	1,0212	1,0211	1,0210	1,0208	1,0207	1,0206	1,0205	1,0204
137	1,0202	1,0201	1,0200	1,0199	1,0198	1,0196	1,0195	1,0194	1,0193	1,0192
138	1,0191	1,0189	1,0188	1,0187	1,0186	1,0185	1,0184	1,0183	1,0181	1,0180
139	1,0179	1,0178	1,0177	1,0176	1,0175	1,0174	1,0173	1,0171	1,0170	1,0169
140	1,0168	1,0167	1,0166	1,0165	1,0164	1,0163	1,0162	1,0161	1,0160	1,0159
141	1,0158	1,0157	1,0156	1,0155	1,0154	1,0153	1,0152	1,0151	1,0150	1,0149
142	1,0148	1,0147	1,0146	1,0145	1,0144	1,0143	1,0142	1,0141	1,0140	1,0139
143	1,0138	1,0137	1,0136	1,0135	1,0134	1,0133	1,0132	1,0131	1,0131	1,0130
144	1,0129	1,0128	1,0127	1,0126	1,0125	1,0124	1,0123	1,0122	1,0122	1,0121
145	1,0120	1,0119	1,0118	1,0117	1,0116	1,0115	1,0115	1,0114	1,0113	1,0112
146	1,0111	1,0110	1,0110	1,0109	1,0108	1,0107	1,0106	1,0106	1,0105	1,0104
147	1,0103	1,0102	1,0102	1,0101	1,0100	1,0099	1,0098	1,0098	1,0097	1,0096