

Sinclairtabelle Schüler

Gültigkeitszeitraum: 01.01.2013 - 31.12.2016

	0	0,1	0,2	0,3	0,4	0,5	0,6	0,7	0,8	0,9
25	3,6754	3,6558	3,6364	3,6172	3,5983	3,5796	3,5611	3,5427	3,5246	3,5067
26	3,4890	3,4715	3,4541	3,4370	3,4200	3,4032	3,3866	3,3702	3,3539	3,3379
27	3,3219	3,3062	3,2906	3,2752	3,2599	3,2448	3,2298	3,2150	3,2003	3,1858
28	3,1715	3,1572	3,1432	3,1292	3,1154	3,1017	3,0882	3,0748	3,0615	3,0484
29	3,0354	3,0225	3,0097	2,9971	2,9845	2,9721	2,9598	2,9476	2,9356	2,9236
30	2,9118	2,9000	2,8884	2,8769	2,8655	2,8542	2,8430	2,8319	2,8209	2,8100
31	2,7991	2,7884	2,7778	2,7673	2,7569	2,7465	2,7363	2,7261	2,7160	2,7060
32	2,6961	2,6863	2,6766	2,6670	2,6574	2,6479	2,6385	2,6292	2,6199	2,6108
33	2,6017	2,5926	2,5837	2,5748	2,5660	2,5573	2,5487	2,5401	2,5316	2,5231
34	2,5147	2,5064	2,4982	2,4900	2,4819	2,4738	2,4659	2,4579	2,4501	2,4423
35	2,4345	2,4269	2,4192	2,4117	2,4042	2,3967	2,3894	2,3820	2,3747	2,3675
36	2,3604	2,3533	2,3462	2,3392	2,3322	2,3253	2,3185	2,3117	2,3049	2,2982
37	2,2916	2,2850	2,2784	2,2719	2,2655	2,2591	2,2527	2,2464	2,2401	2,2339
38	2,2277	2,2216	2,2155	2,2094	2,2034	2,1974	2,1915	2,1856	2,1798	2,1739
39	2,1682	2,1625	2,1568	2,1511	2,1455	2,1399	2,1344	2,1289	2,1235	2,1180
40	2,1127	2,1073	2,1020	2,0967	2,0915	2,0863	2,0811	2,0760	2,0709	2,0658
41	2,0608	2,0557	2,0508	2,0458	2,0409	2,0361	2,0312	2,0264	2,0216	2,0169
42	2,0121	2,0075	2,0028	1,9982	1,9936	1,9890	1,9844	1,9799	1,9754	1,9710
43	1,9665	1,9621	1,9578	1,9534	1,9491	1,9448	1,9405	1,9363	1,9321	1,9279
44	1,9237	1,9196	1,9154	1,9114	1,9073	1,9032	1,8992	1,8952	1,8913	1,8873
45	1,8834	1,8795	1,8756	1,8718	1,8679	1,8641	1,8603	1,8566	1,8528	1,8491
46	1,8454	1,8417	1,8381	1,8344	1,8308	1,8272	1,8236	1,8201	1,8166	1,8130
47	1,8096	1,8061	1,8026	1,7992	1,7958	1,7924	1,7890	1,7857	1,7823	1,7790
48	1,7757	1,7724	1,7691	1,7659	1,7627	1,7594	1,7563	1,7531	1,7499	1,7468
49	1,7437	1,7405	1,7375	1,7344	1,7313	1,7283	1,7252	1,7222	1,7192	1,7163
50	1,7133	1,7104	1,7074	1,7045	1,7016	1,6987	1,6959	1,6930	1,6902	1,6873
51	1,6845	1,6817	1,6790	1,6762	1,6734	1,6707	1,6680	1,6653	1,6626	1,6599
52	1,6572	1,6546	1,6519	1,6493	1,6467	1,6441	1,6415	1,6389	1,6364	1,6338
53	1,6313	1,6288	1,6263	1,6238	1,6213	1,6188	1,6163	1,6139	1,6115	1,6090
54	1,6066	1,6042	1,6018	1,5995	1,5971	1,5947	1,5924	1,5901	1,5877	1,5854
55	1,5831	1,5808	1,5786	1,5763	1,5741	1,5718	1,5696	1,5674	1,5651	1,5629
56	1,5608	1,5586	1,5564	1,5542	1,5521	1,5500	1,5478	1,5457	1,5436	1,5415
57	1,5394	1,5373	1,5353	1,5332	1,5312	1,5291	1,5271	1,5251	1,5231	1,5211
58	1,5191	1,5171	1,5151	1,5131	1,5112	1,5092	1,5073	1,5054	1,5034	1,5015
59	1,4996	1,4977	1,4958	1,4940	1,4921	1,4902	1,4884	1,4865	1,4847	1,4829
60	1,4810	1,4792	1,4774	1,4756	1,4738	1,4720	1,4703	1,4685	1,4667	1,4650
61	1,4633	1,4615	1,4598	1,4581	1,4564	1,4547	1,4530	1,4513	1,4496	1,4479
62	1,4462	1,4446	1,4429	1,4413	1,4396	1,4380	1,4364	1,4348	1,4332	1,4315
63	1,4300	1,4284	1,4268	1,4252	1,4236	1,4221	1,4205	1,4190	1,4174	1,4159
64	1,4143	1,4128	1,4113	1,4098	1,4083	1,4068	1,4053	1,4038	1,4023	1,4008
65	1,3994	1,3979	1,3965	1,3950	1,3936	1,3921	1,3907	1,3893	1,3878	1,3864
66	1,3850	1,3836	1,3822	1,3808	1,3794	1,3780	1,3767	1,3753	1,3739	1,3726
67	1,3712	1,3699	1,3685	1,3672	1,3659	1,3645	1,3632	1,3619	1,3606	1,3593
68	1,3580	1,3567	1,3554	1,3541	1,3528	1,3516	1,3503	1,3490	1,3478	1,3465
69	1,3453	1,3440	1,3428	1,3415	1,3403	1,3391	1,3379	1,3366	1,3354	1,3342
70	1,3330	1,3318	1,3306	1,3295	1,3283	1,3271	1,3259	1,3247	1,3236	1,3224
71	1,3213	1,3201	1,3190	1,3178	1,3167	1,3156	1,3144	1,3133	1,3122	1,3111
72	1,3099	1,3088	1,3077	1,3066	1,3055	1,3044	1,3034	1,3023	1,3012	1,3001
73	1,2990	1,2980	1,2969	1,2959	1,2948	1,2938	1,2927	1,2917	1,2906	1,2896
74	1,2886	1,2875	1,2865	1,2855	1,2845	1,2835	1,2824	1,2814	1,2804	1,2794
75	1,2784	1,2775	1,2765	1,2755	1,2745	1,2735	1,2726	1,2716	1,2706	1,2697
76	1,2687	1,2677	1,2668	1,2658	1,2649	1,2640	1,2630	1,2621	1,2612	1,2602
77	1,2593	1,2584	1,2575	1,2566	1,2556	1,2547	1,2538	1,2529	1,2520	1,2511
78	1,2502	1,2494	1,2485	1,2476	1,2467	1,2458	1,2450	1,2441	1,2432	1,2424
79	1,2415	1,2406	1,2398	1,2389	1,2381	1,2372	1,2364	1,2356	1,2347	1,2339
80	1,2331	1,2322	1,2314	1,2306	1,2298	1,2290	1,2281	1,2273	1,2265	1,2257
81	1,2249	1,2241	1,2233	1,2225	1,2217	1,2210	1,2202	1,2194	1,2186	1,2178
82	1,2171	1,2163	1,2155	1,2148	1,2140	1,2132	1,2125	1,2117	1,2110	1,2102

Ab 32kg Körpergewicht ist die Schülerliste identisch mit der Herrenliste, für Athleten über 82,9kg den Faktor der Herrenliste entnehmen.